

Johnson Research Foundation, University of Pennsylvania, where luminescence experiments were performed.

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Interaction between Steroids and a Uterine Progesterone Specific Binding Macromolecule†

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ABSTRACT: Forty-five steroidal compounds, derivatives of both progesterone and testosterone, have been studied for their ability to bind to the rabbit uterine progesterone receptor. Introduction of a hydroxyl group in the 17 α , 16 α , 6 α , 11 α , or 14 α position precipitously reduces the affinity of progesterone for the macromolecule, whereas introduction in the 11 β position has no effect. If the polarity of the hydroxyl groups is altered by acylation, binding affinity is not depressed. When an alkyl group is added at C-6 α or C-16 α , binding affinity increases, whereas a β -alkyl group at C-16 prevents binding. Although the C-3 ketone is not required for binding affinity, introduction of a bulky thioketal group at C-3 completely prevents binding.

It has been reported that a protein which specifically binds progesterone and progestational drugs exists in the high-speed supernatant fraction of mammalian uteri (Milgrom *et al.*, 1970; Rao and Wiest, 1971; McGuire and DeDella, 1971; McGuire and Bariso, 1971, 1972). This macromolecule,

Reduction of the $\Delta^{4,5}$ double bond of progesterone to yield a compound with A/B trans juncture has no effect on binding affinity, but the isomer with a nonplanar A/B cis juncture possesses lower binding affinity. Removal of C-19 from progesterone results in a slightly greater binding affinity for the uterine macromolecule. The two modifications of testosterone which most dramatically increase binding affinity are removal of the C-10 methyl group and introduction of an alkyl group in the 17 α position. In the latter case, binding affinity increases as the electron-donating power of the group is increased. The *d* isomer of norgestrel binds, whereas the *l* isomer does not bind to the uterine progesterone receptor.

termed a receptor, appears to be target tissue specific (McGuire and Bariso, 1972) and a positive correlation exists between the protein's affinity for steroids *in vitro* and the progestational activity of those steroids *in vivo* (McGuire *et al.*¹). Although the physiological role of this binding protein is unknown, the

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above findings support the contention that this macromolecule may play a pivotal role in the biochemical mechanism of action for progesterone and progestational drugs.

The objective of the present study was to define some of the steric requirements for steroid binding to the rabbit uterine progesterone receptor in order to gain insight into the chemical interaction between steroid and macromolecule.

Materials and Methods

[1,2-³H]Progesterone (50 Ci/mmol) was purchased from the New England Nuclear Corporation. The radiopurity of this compound was determined by thin layer chromatography; all radioactivity was found in a single peak characteristic of progesterone. Cholesterol, progesterone, 17 α -acetoxyprogesterone, and Δ^5 -pregnene-3,20-dione were purchased from Steraloids and found to be pure by thin layer chromatography.

Medroxyprogesterone, medroxyprogesterone acetate, and 17 α -hydroxy-6 α -methylprogesterone were donated by the Upjohn Co.; chlormadinone and 19-norprogesterone were donated by Syntex Laboratories, Inc. *dl*-Norgestrel, *d*-norgestrel, *l*-norgestrel, and WY-4355 were donated by Wyeth Laboratories. These compounds were used without further purification. All of the other compounds were obtained pure from our Organic Chemistry Division.

Compounds were tested for the ability to displace bound [³H]progesterone from the rabbit uterine progesterone specific binding macromolecule by the same competitive binding assay used earlier in this laboratory and laboratories of others (McGuire and DeDella, 1971; McGuire and Bariso, 1972). Uteri from ten New Zealand white rabbits weighing no more than 2 kg each were finely minced and washed for 1 hr in Tris-HCl buffer (pH 8.0) at 4° before homogenizing in $\frac{2}{5}$ vol of the same buffer (0.01 M Tris-HCl buffer (pH 8.0), containing 0.001 M EDTA and 0.25 M sucrose) at 4°. The homogenate was first centrifuged at 12,000g for 15 min and the resulting supernatant was then centrifuged at 273,000g for 1 hr. The protein concentration was 12.2 mg/ml. Rabbits of this weight are mature but not yet producing large quantities of progesterone.

Analogues of both progesterone and testosterone were studied for their abilities to bind to the rabbit uterine progesterone receptor at the same molar concentration as that of progesterone which displaces 50% of bound [³H]progesterone. Reaction mixtures consisting of, in order, (a) 0.2 ml of buffer (0.01 M Tris-HCl buffer (pH 8.0), containing 0.001 M EDTA, 0.25 M sucrose, and 25,000 cpm of [³H]progesterone per ml), (b) 0.8×10^{-10} M nonradioactive steroids where called for, and (c) 50 μ l of final uterine supernatant (cytosol fraction), were incubated at 4° for 16 hr. Studies have demonstrated that this protein is stable for at least 16 hr (McGuire and Bariso, 1972). After incubation, bound steroid was separated from unbound steroid by adding 1.0 ml of activated charcoal suspension (0.25% Norit A and 0.0025% dextran, w/v, in buffer). The samples were incubated for 15 min at 4° after gentle mixing and immediately centrifuged at 2500 rpm for 10 min. The supernatants were quantitatively extracted with toluene phosphor, and the radioactivity was measured. Data were expressed as the depression of bound [³H]progesterone/50 μ l of uterine cytosol from control levels (*i.e.*, competition by 0.8×10^{-10} M of competitor for [³H]progesterone binding).

A Beckman Model L-265-B ultracentrifuge was used for centrifugation, and a Packard Model 3376 Tri-Carb liquid scintillation spectrophotometer was used for all radioactivity

determinations. An external standard was used to correct for quenching.

Results

Binding data reported here actually represent the depression of bound [³H]progesterone by a molar concentration of compounds equal to that quantity of progesterone which displaces 80% of the isotope, *i.e.*, the ED₈₀. Previous studies indicated that depression of bound hormone induced by this molar concentration of unlabeled compound is an indicator of relative binding affinity. Strong binders are indicated by a high numerical index and weak binders by a low numerical index. Control data for these experiments were: [³H]progesterone, 910 \pm 130 cpm; [³H]progesterone + progesterone, 180 \pm 50 cpm (80% depression); [³H]progesterone + cholesterol, 1000 \pm 90 cpm (no depression).

All compounds in Table I are structurally related to progesterone (2). Introduction of a hydroxyl group in the 17 α (4), 16 α (28), 6 α (29), 11 α (17), or 14 α (30) position precipitously reduces the ability of progesterone to bind. On the other hand, if the hydroxyl group is introduced in the 11 β position (18) there appears to be no effect on binding affinity. An exception to this general trend appears, however, when a hydroxyl is placed in the 6 β position (31).

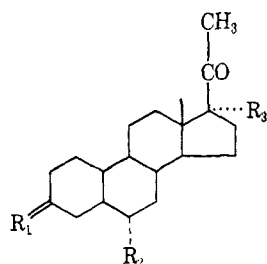
These findings suggest to us that interaction between protein and steroid around rings C and D is on the α face of the steroid. We propose that the α -hydroxyl groups may hinder binding to the protein due to repulsion by a similarly charged species on the protein. This supposition is strengthened by our finding that if the polarity of the hydroxyl group is altered by acylation as in compounds 5, 19, 25, and 26, binding affinity is not depressed. If an alkyl group is added on the α side of the steroids at C-6 or C-16 or at both positions, binding increases (9, 20, and 22), whereas a β -alkyl group in the 16 position (15) prevents binding. We cannot explain this latter observation unless the alkyl group interferes with binding by C-20 and C-21.

The C-3 position also appears to be important in steroid binding as shown by substitutions made at this carbon. Disubstitution at C-3 by a hydroxyl and a methyl group (11) slightly reduced binding affinity, possibly due to the unfavorable ratio of 3 α and 3 β hydroxyl substitutions. Introduction of a bulky thioketal group at C-3 (7 and 12) completely prevents adsorption. It will be noted that the Δ^5 isomer of progesterone (23) binds equally as well as does progesterone until the 3-keto is replaced by a 3-hydroxyl (1), causing a precipitous drop in binding.

Several additional observations are evident from the data. First, reduction of the double bond of progesterone yields a compound with an A/B trans juncture (16) maintaining the planar steroid structure. This does not reduce binding affinity. However, the other isomer, *i.e.*, a compound with a nonplanar A/B cis juncture (21), definitely possesses lower binding affinity. These findings clearly indicate the need for a planar steroid structure. Secondly, removal of C-19 from progesterone (24) results in slightly greater binding affinity. This may suggest some adsorption of steroid to protein around the A and B rings on the β surface of the steroid. Finally, introduction of unsaturation at C-6 (8, 10, 13, 14) does not significantly alter the ability of the steroid to bind to the protein.

The class of compounds in Table II can be broadly divided into derivatives of testosterone and 19-nortestosterone. The two modifications of testosterone (32) which most dramatically increase binding affinity are, first, removal of the C-10 methyl

TABLE I: Effect of Nonradioactive Steroids on Binding of [³H]Progesterone.^a



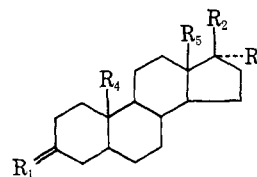
Compd No.	Unsat.	R ₁	R ₂	R ₃	Others	Depression (%)
1	5	OH				10
2	4	O				80
3	4	O		OH		0
4	4	O	CH ₃	OH		20
5	4	O	CH ₃	OAc		85
6	4		CH ₃	OH		0
7	4	SCH ₂	CH ₃	OAc		10
8	4,6	O	Cl	OAc		85
9	4	O	CH ₃		C ₁₆ α-CH ₃	80
10	4,6	O	CH	OAc	C ₁₆ CH ₃	85
11	4	HO CH ₃	CH ₃	OAc		40
12	4	SCH ₂ SCH ₂	CH ₃		C ₁₆ α-CH ₃	0
13	4,6	O	Cl	OAc	1,2-CH ₂	85
14	4,6	O		OAc		80
15	4	O			C ₁₆ β-CH ₃	15
16		O			5α-H	80
17	4	O			11α-OH	25
18	4	O			11β-OH	75
19	4	O		OAc		85
20	4	O			16α-CH ₃	75
21		O			5β-H	45
22	4	O	CH ₃	OH		30
23	5	O				80
24	4	O			19-Nor	90
25	4	O		Opr		30
26	4	O	CH ₃	Opr		85
27		O			5α-H, 12-keto	75
28	4	O			16α-OH	0
29	4	O			6α-OH	7
30	4	O			14α-OH	20
31	4	O			6β-OH	2

^a By the cytosol fraction of rabbit uteri following incubation for 16 hr at 4°. Data are based on ten trials for each compound and are expressed as the per cent depression of bound [³H]progesterone in control experiments.

group (36 and 37) to produce a 19-nor compound and, secondly, introduction of an alkyl group in the 17α position (33, 43, and 44). In the latter case, binding affinity increases as the electron donating power of the group is increased. A chloroethynyl group in the 17α position (42 and 45) is no less active than the ethynyl group.

Finally, certain other clear findings emerge from our data.

TABLE II: Effect of Nonradioactive Steroids on Binding of Progesterone.^a



Compd No.	Unsat. at C	R ₁	R ₂	R ₃	R ₄	R ₅	Others	Depression (%)
32	4	O	OH	H	CH ₃	CH ₃		5
33	4	O	OH	CH	CH ₃	CH ₃		50
34	4	O	OH	C≡CH	CH ₃	CH ₃		70
35	4	O	OH	C≡CCH	CH ₃	CH ₃	6α-CH ₃	80
36	4	O	OH	H	H	CH ₃		60
37	4	O	OH	C≡CH	H	CH ₃		80
38	5(10)	O	OH	C≡CH	H	CH ₃		80
39	dl 4	O	OH	C≡CH	H	C ₂ H ₅		80
40	l 4	O	OH	C≡CH	H	C ₂ H ₅		0
41	d 4	O	OH	C≡CH	H	C ₂ H ₅		90
42	4	O	OH	C≡CCl	H	C ₂ H ₅		90
43	4	O	OH	CH ₃	H	CH ₃		65
44	4	O	OH	C ₂ H ₅	H	CH ₃		75
45	4	O	OH	C≡CCl	H	CH ₃		80

^a By the cytosol fraction of rabbit uteri following incubation for 16 hr at 4°. Data are expressed as the per cent depression of bound [³H]progesterone in control experiments.

First, a change in the double bond from the Δ⁴ position (34) to Δ⁵ (10) does not appear to have any significant affect on binding (38). Some reservation must be made with regard to this observation, however, because many tissues contain enzymes capable of carrying out the isomerization of β,α-unsaturated ketone, and one would like to be certain that this transformation had not occurred *in vitro*. Secondly, norgestrel (39) exists as a mixture of the *d* and *l* isomers. The *l* isomer (40) does not bind, whereas the *d* isomer (41) retains binding activity.

Discussion

All of the progestogens known today are steroids which, with few exceptions, fall into two broad classes: derivatives of progesterone (pregnenes) and derivatives of 19-nortestosterone (estrenes). Members of each are active in the classical Clauberg assay (Clauberg, 1930). The compounds we have used in these studies are analogs of these progestogens. We have studied their binding affinity for a uterine progestogen specific binding protein (Milgrom *et al.*, 1970; Rao and Wiest, 1971; McGuire and DeDella, 1971; McGuire and Bariso, 1971, 1972) in an attempt to define some of the steric requirements which a steroid must fulfill in order to bind to that protein and to gain some insight into the nature of this interaction between steroid and binder. Our interpretations assume that, at the concentration used in these studies, [³H]-progesterone binds to a single macromolecular species in the high-speed supernatant fraction. Studies reported to date are consistent with this hypothesis (McGuire and Bariso, 1972).

The fact that 19-nor compounds, especially estrenes, bind

more strongly than do compounds possessing C-19 suggests to us that partial adsorption to the protein around rings A and B may be on the β side of the steroid. In general, however, our data more clearly indicate that the α side of the steroid adsorbs to the binder. In order for this to occur, the steroid apparently must be planar and there must be no hydroxyl groups on the α side of the steroid. Electron density around C-6 and C-16 caused by introduction of either a double bond or an alkyl group increases adsorption. Our data indicate that the ketone at C-3 is not essential for binding, but if present will aid in adsorption. A bulky substitution at C-3 prevents this adsorption. β substitutions do not appear to play a part in adsorption in most cases. All of these observations appear true for both pregnenes and estrenes. In the latter class of compounds, however, increasing the electron density around C-17 also results in increased binding affinity.

Previous studies have demonstrated that progesterone binding is of a noncovalent type since the steroid is completely extractable with organic solvents (McGuire and DeDella, 1971; McGuire and Bariso, 1971). Since most of the substitutions in steroids which we observe to result in changes in binding affinity are those which interact primarily with hydrogens, we assume steroid-protein binding involves hydrogen binding, hydrophobic binding, and van der Waal's forces. The energy of binding then would be the result of these three forces.

In his classical paper on the structure-activity relationships of steroids, Ringold (1961) proposed certain steric requirements necessary for progestational activity.

It would be premature to conclude that the hypothetical receptor to which Ringold referred is the protein studied in our experiments. However, two points argue in favor of such a possibility. The progesterone binding macromolecule is found in tissues which respond to progestogens (McGuire and DeDella, 1971). Further, it appears to bind only compounds which are progestational in nature (McGuire *et al.*¹). Definitive evidence indicating whether or not the uterine progestogen binder studied in these experiments is actually a pharmacological receptor must await confirmation of the biochemical role

played by this protein in the mechanism of progesterone action.

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